



604.01 Dietary Allowances and Menu Evaluations

Number Series: 600 - Corrections Division
Approved Date: July 20, 2018
Review Due Date: July 20, 2019

Sheriff's Approval: Digital
Review Frequency: Annually

604.01-1 Policy

The Hendry County Sheriffs' Office Jail system shall adhere to the following system of dietary allowances, menu evaluations and planning:

- I. Recommended Dietary Allowances of the National Research Council – National Academy of Sciences shall serve as the standard for menu preparation.
- II. The facility's system of dietary allowance shall be documented and reviewed at least twice annually by a qualified nutritionist or dietician to ensure compliance with nationally recommended food allowances.
- III. Menu evaluations shall be performed to ensure adherence to the nationally recommended basic daily servings.

604.01-2 Dietary Allowances

- I. The food service contractor shall be responsible for providing inmates with three substantial, wholesome and nutritious meals daily that meet or exceed nationally recommended food allowances.
- II. The system of dietary allowance shall be reviewed at least twice annually by a qualified nutritionist or dietician to ensure compliance with nationally recommended food allowances.

604.01-3 Menu Evaluations and Planning

- I. The food service contractor shall conduct quarterly menu evaluations to verify adherence to the nationally recommended basic daily servings.
- II. Menus including special diets shall be planned and reviewed annually by a registered dietician and made available for review 28 days in advance. Actual food served shall substantially follow the plan.
- III. The food service contractor shall take into consideration food flavor, texture, temperature, appearance, and palatability when planning meals.
- IV. Substitutions in the meals actually served shall be documented and must be of equal nutritional value. Forms documenting meals actually served shall be maintained on file.

- V. Copies of menus and records of meals served shall be kept on file for a period of at least one year.

REFERENCES

State/Federal Regulations:

Florida Model Jail Standards
National Research Council

FCAC:

N/A

PREA:

N/A

Forms:

N/A

Other Policy/ Procedure References:

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